



Voshaar Outdoor & Education **Wilderness Guide Logbook** Day trip

Name:
Date(s):
Instructor(s) / Guide(s):
Group:
Number:
Location:
Terrain:
Activity:
Remarks:
Contacts logistics:
Contact Emergency:





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METEO

Forecast		Reality	
Temperature:			
Precipitation:			
Wind:			
Sky / Clouds:			

NAVIGATION Preparation

Map number:	
Map name:	
Map scale:	

NAVIGATION Practicum

Base camp Location:	GPS coordinates:
Transportation (vehicle) Location:	GPS coordinates:



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Day	
Camp location	
Coordinates	
Distance	
Duration estimated	
Duration reality	
Elevation	
Start:	
Highest point:	
Lowest Point:	
Elevation gain :	
Elevation los:	
Closest fresh water source	
Remarks	



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Nutrition

Day	Morning	Afternoon	Evening

Personal fitness

Day	
EMI activity 1/10	
EMI rest 1/10	
Physical Shape 1/10	
Mental Shape 1/10	
Remarks	



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Flora & Fauna

Plants



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Birds



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Mammals (sightings / tracks & signs)



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Techniques used





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Equipment 1



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Contacts Group



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SAFETY

Incidents / accidents

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Safety Comments

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Personal evaluation

Roles
Responsibility
Decisions
Conflicts
Personal aspects
Group aspects
Safety
Feedback from instructor



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Feedback from group participants

Positive	Negative
Notes:	



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